



September 2025



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### Accepting New Patients

We are accepting new patients at all of our office locations! If you have a foot or ankle problem, we are here to help!

We do TOTAL ANKLE REPLACEMENTS!

**Book Your Appointment Today!**

### Minimal Incision Bunion Correction

Ask us about the latest treatment in bunion surgery - *minimally invasive bunionectomy*.

This is a game changer for the treatment for painful bunions. Because the incisions are so small, patients undergoing this procedure are experiencing less swelling, less pain and a faster recovery.

*Get back on your feet again quickly!*

We are now offering advanced skin grafting techniques for difficult to heal wounds.

### Now Seeing Patients!



Dr. Firas Katmeh



Dr. Isin A. Mustafa

[Click Here to Learn More About Our Providers](#)

### FEATURED ARTICLES

#### Common Foot Problems in Fall



As the leaves change and temperatures drop, pumpkin spice and cozy sweaters aren't the only things on the horizon. This season also brings about potential changes in foot health. From shifting weather to footwear swaps, many factors can contribute to these common seasonal foot problems.

[Click Here to Read More](#)

#### Fall Sports and Foot Safety

Fall sports like football, soccer, cross-country, and cheerleading bring excitement and activity. But they also increase the risk of foot and ankle injuries. Whether it's kids starting their first team sports, student-athletes returning to the field, or adults joining recreational leagues, it's essential to keep foot health front and center.



[Click Here to Read More](#)

## NOW AVAILABLE IN THE OFFICE

**CUSTOM ORTHOTICS MOLDED TO YOUR FEET DURING YOUR VISIT.**



#### EFFECTIVE ORTHOTIC TREATMENT FOR:

- Plantar Fasciitis
- Achilles Tendinitis
- Flat Foot
- Foot & Ankle Arthritis
- Metatarsal Head Pain
- Heel Pain
- Plantar Calluses
- Shin Splints
- Pronation & PTTD
- Neuroma & More

**CALL TODAY TO MAKE YOUR APPOINTMENT**

**813-788-3600**

• WELCOME •

## AUTUMN

*Goodbye Summer*

### RECIPE OF THE MONTH

## Slow Cooker TEXAS PULLED PORK



[Click Here for the Full Recipe](#)

Recipe courtesy of [allrecipes.com](http://allrecipes.com)

### THIS MONTH IN SEPTEMBER

#### INTERESTING DATES

#### SEPTEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

- 1 Labor Day
- 4 National Wildlife Day
- 11 9/11 Remembrance
- 14 Grandparents Day
- 22 Start of Fall
- 29 National Coffee Day

#### HISTORICAL FACTS

- ★ **September 4, 1950 - First Organ Transplant Performed in the U.S.** - Dr. Richard Lawler successfully performed the first human kidney transplant, paving the way for lifesaving organ transplants today.
- ★ **September 17, 1920 - NFL is Founded** - The American Professional Football Association, later renamed the NFL, is founded in Canton, Ohio, becoming one of the most popular sports leagues in U.S. history.
- ★ **September 23, 1962 - "The Jetsons" Premieres** - This futuristic cartoon debuts, becoming the first color program broadcast on ABC and later a beloved cultural icon.
- ★ **September 28, 1928 - Discovery of Penicillin Announced** - While discovered in London by Alexander Fleming, American scientists and companies helped mass-produce penicillin in the early 1940s, a medical revolution that saved millions of lives.

### MEET OUR DOCTORS



MARIA B. WALSH, D.P.M.



DOMENICK A. CALISE, D.P.M.



ENDRI AFESLLARI, D.P.M.



BRET C. MUSSER, D.P.M.



FIRAS KATMEH, D.P.M.



ISIN MUSTAFA, D.P.M.

[Read More Here](#)

### Connect Online



### Our Offices

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